



# Università degli Studi di Padova

Master's degree in Food and Health



# 8 CENTURIES OF ACADEMIC EXCELLENCE



# THE UNIVER-CITY





# **APPLICATIONS**

2<sup>nd</sup> November – 2<sup>nd</sup> February 2021 2<sup>nd</sup> March – 2<sup>nd</sup> June (Sept) 2021

# APPLY.UNIPD.IT

Application fee (€ 30) + Admission fee (€ 188)





# Università degli Studi di Padova

Master's degree in Food and Health



- 1. INTRO-KEYWORDS
- 2. INTERNATIONAL NETWORK
- 3. ENTRY REQUIREMENTS
- 4. PROGRAMME STRUCTURE
- 5. CAREER OPPORTUNITIES
- 6. CONTACTS



# Why a new MS degree in Food & Health?

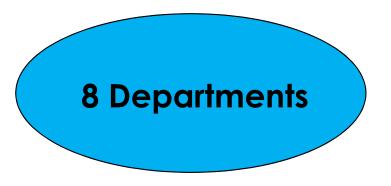
F&H answers the call "from food to global health" paradigm (EU, 2020) and challenges arising from the market and consumers' needs.

#### F&H:

- trains advanced professionals to address complexities & issues concerning the relations between food, nutrition and repercussions on health (internationally!).
- aims at bridging the existing gap between the various disciplines through a multidisciplinary approach to address human ONE HEALTH



# To answer such calls we designed a degree around an interdisciplinary team of world leading scientists





D. of Medicine

D. of Biomedical Sciences



D. of Developmental Psychology

& Socialization



D. of Land, Environment, Agriculture & Forestry



D. Agronomy, Food, Natural res. Animals & Environment



D. of Comparative Biomedicine & Food Sc.

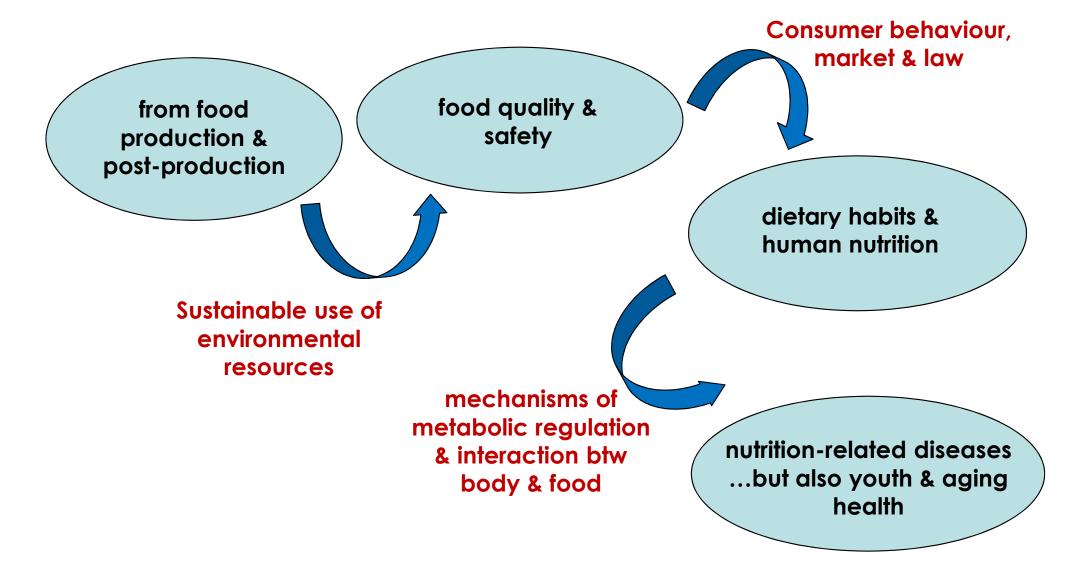


D. of Animal Medicine, Production & Health





# **Underlying structure**





#### **INTRO-KEYWORDS**

#### **Claims**





- □ How do we push consumers to adopt healthy dietary habits? Need to know consumers' behavior and how (un)healthy food choices are affected by psychology, information & regulations.
- □ How does food quality/quantity increase the risk of cancer? Knowledge of metabolic mechanisms linking nutrition to carcinogenesis would allow to identify appropriate nutritional interventions for cancer prevention.
- ☐ How we can temper the **obesity epidemic worldwide**? Obesity is not the **simple consequence of inadequate** individual behaviors...

# INTERNATIONAL NETWORK

#### International network:

- University of California, Berkeley (USA)
- University British Colombia (UBC, Canada)
- Tel Aviv University (Israel)
- University College London (UCL, UK)
- University of Sydney (Australia) ... Summer Schools (Food & Health)

Watch the Video!

https://drive.google.com/file/d/1eqYTfFiBIbqORPe8RYhaWbAVaZzfMCgR/view

Working on the development of a **Double Degree** with **UniSyd!** 





# **ENTRY REQUIREMENTS**



# **Entry requirements**





Thirty (30) places available for non-EU citizens residing abroad; (2 places reserved for Chinese students (Marco Polo Program)



Open access with requisites for EU and non-EU citizens legally staying in Italy



BSc graduated students with a known background in Agri-Food Science & Technologies, Biotechnology, Crop Science, Biology & Microbiology, Agricultural/Food Engineering, Veterinary, Pharmaceutical Sc., Nutrition, Healthcare or equivalent are welcome



**BSc graduated in other fields** with credits in Biology, Fisiology, Microbiology, Chemistry & else are also welcome.



# **ENTRY REQUIREMENTS**



# **Entry requirements**

English language at a B2 level as per the Common European Framework of Reference for Languages (CEFR) - or corresponding level (e.g. Academic IELTS or TOEFL/IBT) is required

if the candidate is an English mother tongue speaker or has attended their upper secondary school or a degree course in English, no language certification is necessary



Three scholarships offered by departments!



# PROGRAMME STRUCTURE

#### **MSc in F&H Course Structure**

# First year, first semester Course units 1A - Food science and safety 1B - Nutrition and metabolic pathways: from cells to organs Genomics of Nutrition 6 Soft skills 2 Food microbiota, human microbiome, plant bioactive compounds and food quality

Second year, first semester	ECTS
Course units	
Research methods in economics: understanding decision making and consumer behavior to promote healthy choices	8
Quality control and data analytics in food production	6
Nutrition-related diseases	10
Human Nutrition: sustainability and multidisciplinary perspective	10

# 120 ECTS – 2 Years 12 Course units

First year, second semester	<b>ECTS</b>
Course units	
Ecology of foodborne pathogens, food toxicology and antimicrobial resistance	10
Sustainable resource-efficient food production and processing	7
International regulations for food safety, certification and trading	6
Mechanisms of tissues diseases and how environmental clues alter organ function	8

#### **Theoretical & practical training**

Elective courses	8
Master Thesis	15
TOTAL	120

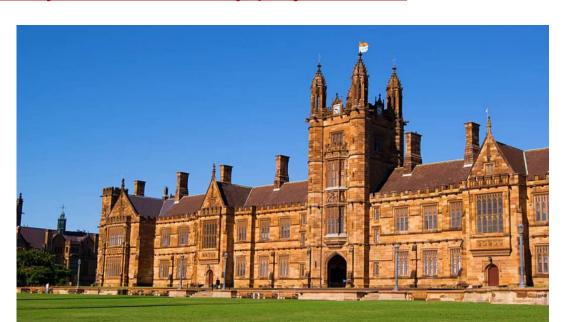
# PROGRAMME STRUCTURE

#### **Elective courses**

- Industry and Community Project (ICPU) University of Sydney (6 ECTS)
  - To develop soft skills & promoting professional growth and integration with the industry

https://www.sydney.edu.au/students/industry-and-community-projects.html

https://www.unipd.it/en/icpu





# **CAREER OPPORTUNITIES**

F&H graduates may undertake roles of responsibility in public/private sctrs.

#### A **few** employment opportunities:

- production, processing and trading of agri-food products and goods
- food industry
- public and private catering
- pharmaceutical industry
- health nutrition & diets (public and private counseling)
- public health & prevention programs
- government and non-government bodies & institutions (including NGOs)
- Research (PhD programs)



#### CAREER OPPORTUNITIES

### Opportunities for internships in Italy and abroad

#### A short list:

- FAO
- World Health Organization (WHO)
- International Fund for Agricultural Development (IFAD)
- European Association for the Study of Obesity (EASO)
- Barilla Center for Food and Nutrition
- Ferrero International
- Fairtrade Italy
- MIGROS Group
- Slowfood
- Parmigiano Reggiano
- Cereal Docks





# www.unipd.it/en

https://www.agrariamedicinaveterinaria.unipd.it/en/courses/



Facebook: <a href="https://www.facebook.com/foodandhealthunipd">https://www.facebook.com/foodandhealthunipd</a>



Instagram: <a href="https://www.instagram.com/foodandhealth\_unipd/">https://www.instagram.com/foodandhealth\_unipd/</a>



General Info: international.admission@unipd.it

Academic-related enquiries: <a href="mailto:agraria.medicinaveterinaria@unipd.it">agraria.medicinaveterinaria@unipd.it</a>

#### **APPLY HERE:**

https://apply.unipd.it/courses/course/179-food-and-health





WATCH OUR VIDEO "10 reasons for studying in Padua"

www.youtube.com/watch?v=Zl6vKRe6PWc